



Annual Report

Fiscal year 2017 - 2018

**Nearly 2,000
people served**



The Exchange Family Center partnered with **155 childcare providers** to deliver in-classroom Early Childhood Outreach to **71 children** with challenging behavior who were at risk of expulsion. 96% were no longer at risk of expulsion after services.

109 families (240 children and their parents) received in-home parent coaching using Attachment Bio-Behavioral Catch-up, Safecare, Triple P or Parent Child Interaction Therapy. 90% demonstrated improved parent-child interactions at the end of services.

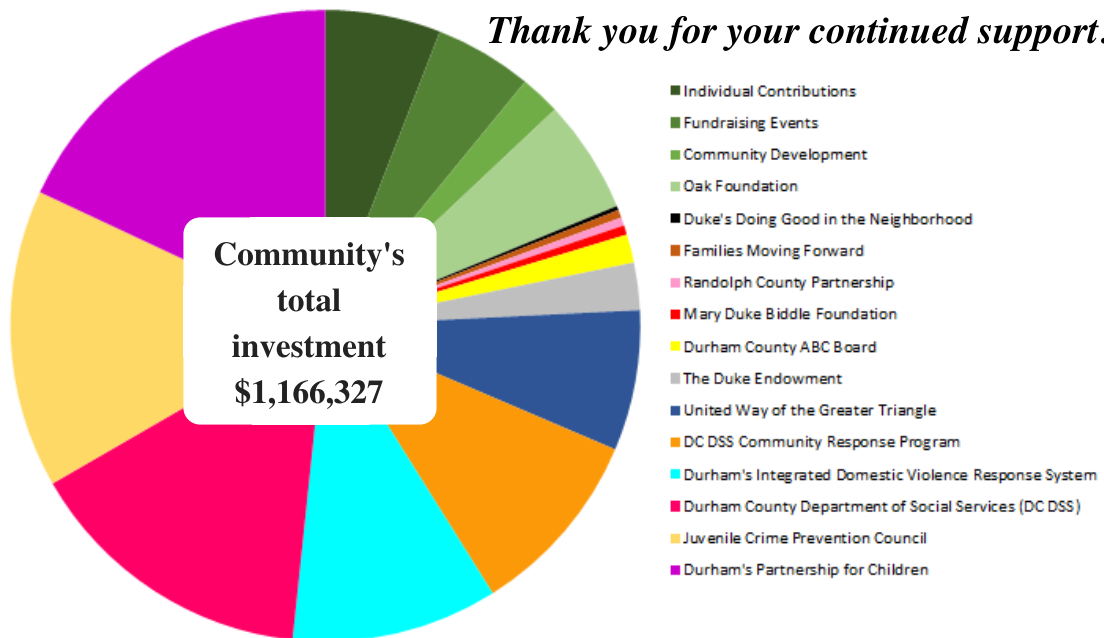
48 adolescents and their families received Multi-Dimensional Family Therapy. 91% of those families were able to resolve conflicts without resorting to violence at the end of services.

1,201 community members & professionals attended 87 seminars and workshops facilitated by our trained staff. 98% reported developing new skills and knowledge.

At Exchange Family Center, we are always looking for new ways to support our community in creating safe spaces and supportive environments where children can grow and thrive! Thank you for your continued support and working alongside all those who wish to see a world where children are safe - physically and emotionally.

This year, all of Exchange Family Center's staff took part in a two-day racial equity training. We are working to further incorporate principles of inclusion into all of our policies and practices, for a more equitable and safe space.

When adults are overwhelmed, they cannot provide children the support they need. Rachel Galanter, Exchange Family Center's Executive Director, recently became certified in the Community Resilience Model. With this new tool, we can develop the ability of adults to help themselves - and their peers - be their best selves after difficult life experiences so children can count on them.



Our fundraising events raised almost \$50,000!



Pinwheels Family Fun Day



48th Annual Golf Tournament



Our Board of Directors

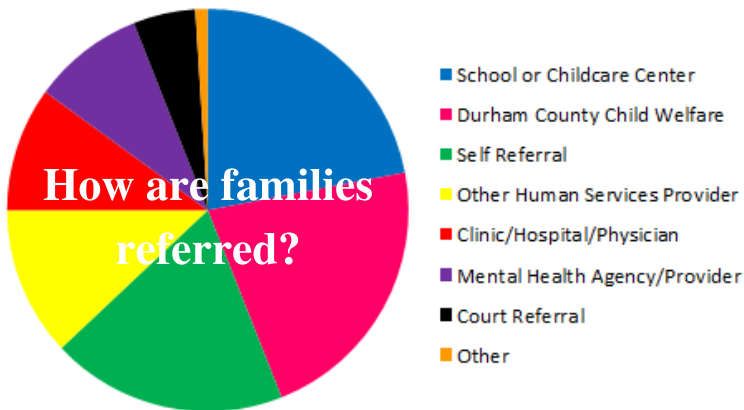
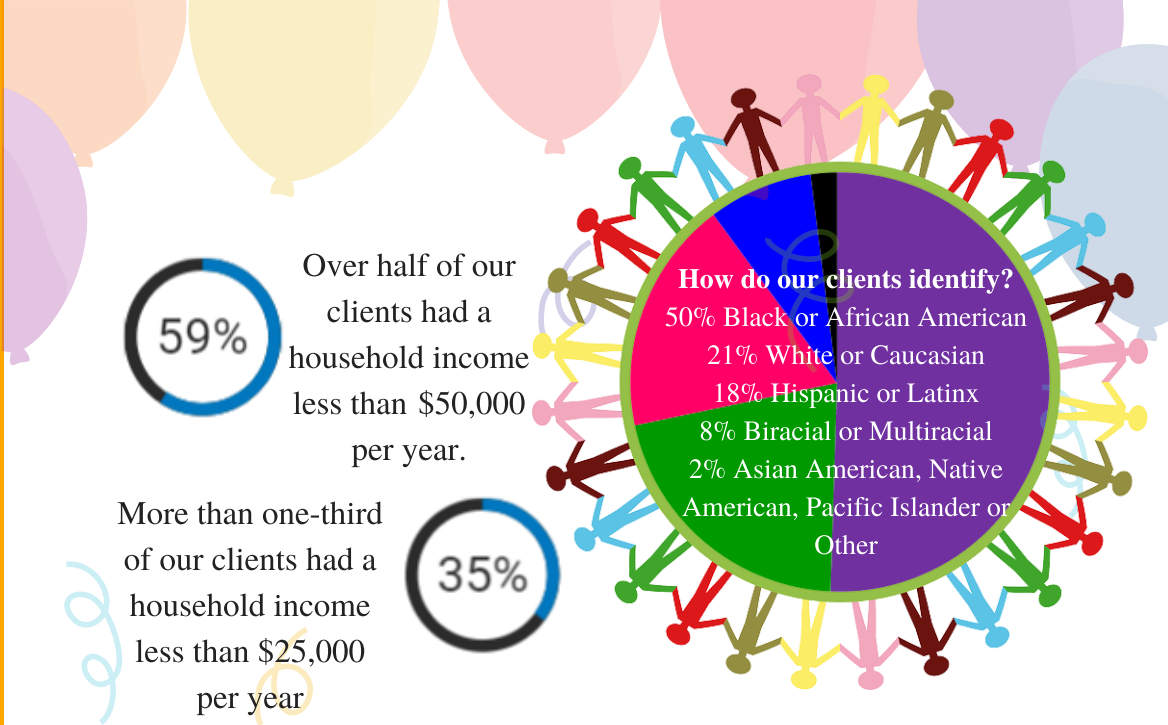
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Thank you for your service



For more information on how you can help!

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Exchange Family Center has dozens of amazing partners that help support children in Durham. This year, we're excited to highlight our work with Durham's Early Learning Two-Generational Alliance (DELTA). This partnership focuses on early childhood success for families in the Glenn Elementary School district. Glenn, a Title I school, struggled to help students succeed.

DELTA aims to provide layered support to decrease parental stress and increase children's developmental gains. Through our work with DELTA we met the Ortega family...

We ♥ our Partners



Ms. Ortega lives in East Durham with her two young children who attend Glenn Elementary School. She was struggling with the behavior of her two children, Diana and Hector. The children refused to follow her directions, threw extreme tantrums and were physically aggressive with each other. Exchange Family Center's Parenting Coach & Family Therapist - Lea - began working with Ms. Ortega to support the building up of positive playtime, giving praise, and calmly removing privileges. With Lea's help, Ms. Ortega developed the confidence to support her children and help them develop resiliency in the face of stress so they thrive now, and as they grow.